

Schools Out Bash & Dive In Movie "Paul Blart Mall Cop"
Friday, June 26th at Lakeside
The Fun Begins at 7pm

Come on over to the Lakeside Pool and help us celebrate the end of the school year! Jump in the pool and play some great water games! We'll have plenty of pizza to fill you up! Blow up your float for our Dive-In Movie. Movie will start no later than 8:30pm. Cost: \$5 per person, includes 2 slices and a soda. Please RSVP.



Summer Cheers "Wine & Beer & Appetizer Tasting"
Saturday, June 20th starting at 7pm
At Sasser's Southern Living Home



Let's all enjoy a relaxing night with our friends. The Bon Vivant Gang will be here with wines and beers for us to sample. We ask you to please bring along your favorite summer appetizer and recipe to share with all. We'll even have a contest for Best Appetizer and award a great prize to the winning dish! Cost: \$14 per person, please RSVP. We even have a KiDZ Zone planned.

KiDZ Splash & Movie Zone
Saturday, June 20th from 7-10pm

Pool Fun, Games & A Movie!

Come in your swim suit for some pool games! We'll swim and play pool games, munch on some pizza, then head inside for a movie & popcorn! Don't forget your towel and bring clothes to change into. Cost: \$14 per child, \$10 each additional child from the same family. If parents or guardians are attending Cheers, then it's just \$10 per child. Please RSVP.

Explorer's Summer Camp - The journey begins June 15th!

Summer Camp Meet & Greet - Come up to the club and meet the other campers and your camp counselors on Thursday, June 11th at from 7-8pm. Let your children enjoy a fun filled and exciting summer at camp. Our themed weeks are packed full of water fun, sports, games, crafts, treats and field trips. The exploration begins June 15th and runs through August 28th. Our Li'l Explorers camp is for ages 2 - 5 years of age and the Jr. Explorers camp is for ages 5 and older.

Ladies Luncheon and Fashion Show
at Lakeside

Thursday, June 25th beginning at 11am.

A grilled chicken Caesar salad lunch will be served at approximately 11:30am followed by our fashion show. Cost \$7 per person, please RSVP so they we may properly prepare. Want to model for us, call Pam at the swim club.

Wednesday Night
Raft Riots

Bring your float to the Riverfront pool every Wednesday from 4pm on.

Happy Father's Day
Sunday, June 21st

Dad's—bring your dad to the pool today for free!

National Swim A Lap Day

Wednesday, June 24th
Come up to the pool and swim some laps for our local food pantry! For every 5 laps that you swim (a lap is 2 lengths of the pool) we will donate a non-perishable food item to our local food pantry.

Summer Eats & Treats

Sunday, June 28th
from 5-8pm
\$2 Dogs and Burgers
\$1 Popcorn, Soda, Sno Cones, Ice Cream Cones

East West
Communities
Pool Swap Weekends

June 13th & 14th
July 18th & 19th
August 15th & 16th

Take your membership card with you and get into any East West swimming pool this weekend! Relax by the river at Gatling Pointe Yacht Club. Have fun on the water slide at Founders Pointe.

Please check out the following websites for pool hours and information.
www.gpyachtclub.com
www.founderspointe.net

June 2009 Adventure Trips

Norfolk Tides Baseball Game

Friday, June 26th

Departing Club at 5:45pm

Returning at 10:45pm

The cost is \$22.00, which includes game ticket and transportation.



Kings Dominion & Water Works

Saturday, July 18th

Departing club at 8:15am

Returning at 10:45pm

Sponsored by East West Realty

The cost is \$50.00, which includes snacks, park admission, and transportation.

Participants are responsible for lunch and dinner while at the park.



Busch Gardens

Saturday, August 15th. The cost is \$15, which includes a snack and transportation. Participants are responsible for admission to the park and dinner.

Trips are appropriate for ages 10 and older.

Participants ages 10 & 11 are required to stay with trip chaperone.



Summer Aquatics Program by Swim-Ahead

Aquatics Instructor Leslie is ready to start Session 1 on June 1st, there's still time to sign up for our next session beginning in July.

Swim Lessons for ages 3 and up

Aqua Babies for ages 6-36 months

Keep Fit Water Cardio Class

Keep Fit Muscle Toning & Strengthening Class

Private lessons available

Fun in the Sun Programs Sign Up Today!

Sports Camps for Kids

Golf, tennis, swimming & lunch

Session 1 June 30, July 1 & 2

Session 2 August 4,5,6

Kids Golf Clinics

For kids of all ages

Session 1 June 16 & 17

Session 2 July 21 & 22

Kids Golf Tournaments

Junior 2 Day Tournament August 17 & 18

Lil Tournament August 18

Ladies Golf Clinics Session 2 July 7, 14, 21

Ladies Golf Night every other Thursday, June 14 & 18

Aviation Camp at Gatling Pointe Yacht Club

Sailing Lessons at Gatling Pointe Yacht Club

Brochures & Flyers for all Summer

Programs available at the club or online.

Member Social Clubs & Fitness

There's definitely a club for you!

New participants are always welcome!

Have an idea for a new club, just let us know!

All Riverfront Swim Club members are invited to take part in the social clubs listed above. Our members mentioned here volunteer their time & energy to head up these clubs. If you would like to help out, please either contact the club representative or the Swim Club.

R.E.A.D June 10th at 7pm Georgia 483-0511

Bunco June 16th at 7pm Shelley 638-4864

Mommy & Me June 25th at 10am Meet at the pool

Summer Cards Thursdays at 11am Lakeside

YOGA WITH SUZANNE

Classes meet Monday evenings from 6:30 - 7:45 p.m.

All level of experience welcome.

Six Class Pass: \$72, Drop-In Class \$15

Contact Suzanne at 638-3000 or

gillespiethompson@yahoo.com

Always consult your physician prior to starting any exercise program.

RSVP is requested. Unless otherwise noted, all events are for members and their guests. Children attending an event without an adult must be potty trained. All events will be held indoors in case of inclement weather. For more information, or to register for an event, call the Swim Club at 483-3906.

Pool Info

Both pools are now open daily. Remember, we have different hours for the pools.

Lakeside pool offers adult hours for your enjoyment.

Membership cards are required.

All minors between the ages of 9-18 are required to take and pass a swim test to visit the swimming pool without their parent or guardian present.

Please obey the lifeguards & pool rules.

Sunscreen Alert - If you are using spray tan lotions be careful not to spray the pool deck. Please stand on your towel or the lawn. The spray sunscreens are ruining the finish on the pool deck. Thank you in advance for your cooperation.