

## Your Camp Counselors

Your children will be supervised by an enthusiastic group of counselors who are dedicated to providing your child with an outstanding camp experience. On staff, we have trained personnel in American Red Cross First Aid and CPR. We are committed to provide a fun, active, educational and safe program for all participants.

## What To Bring & Wear To Camp

- Wear comfortable clothes & tennis shoes for active play.
- Apply sunscreen prior to arriving for camp.
- Campers should have their swimsuits on under their clothing. Children will change into their clothing prior to pick-up unless told otherwise.
- Skate/Wheelie shoes are not allowed.
- Bring a swimsuit, towel, sunscreen and a change of clothes.
- All clothing & personal items should be marked with child's name.
- Campers must bring a labeled bag lunch that does not require heating or refrigeration.
- Drinks and snacks will be provided.
- Please do not send excessive amounts of sweets with your child.
- Ipods, game boys and other electronics will only be allowed on special occasions.
- Please do not send valuables, money, electronics, cell phones or toys.
- The Swim Club cannot be responsible for losses or theft of belongings or valuables, but will be as cooperative as possible in recovering items.



## Rules & Regulations

All campers are expected to follow instructions from their camp counselors at all times.

- Be respectful & polite to staff and other campers.
- Participate in activities with a positive attitude.
- Clean-up after themselves & put games away.
- No throwing toys, rocks, sand, mulch.
- Must be fully potty trained.
- Do not hit or kick others.
- No foul language.

### If campers break the rules:

Counselor will remind child of rule broken. If behavior continues, counselor will call the child's parent to pick him/her up from camp.

The Riverfront reserves the right to dismiss any camper whose behavior endangers him/herself, others, or interferes with the camp program. Our staff will make every effort to keep parents informed of behavioral situations that occur.

## Accidents and Injuries

Should a child require medical attention, our staff is trained in Basic First Aid and CPR and will administer treatment while contacting 911 if necessary.

## Rainy Weather



Explorers Camp will be held regardless of weather conditions. Programs and activities will be limited to the available indoor areas. Arts, crafts, games and other indoor activities will be planned for rainy days. Sports Camp and Golf Clinics may be rescheduled due to inclement weather.

## Drop-Off & Pick-Up Procedures

Explorers camp drop-off is held at the Swim Club multi-purpose room. Please be prompt!! Please notify us at drop-off if your child will be picked up by someone other than you, or if there are any other arrangements varying from their normal routine that we should be made aware of. We will make note of this in the Registration Book. Pick-up at the end of the day will always be at the Clubhouse. Please be prompt in picking up your child as our staff members have other responsibilities after camp and cannot be detained for an unreasonable amount of time. There will be an additional fee added for those campers not picked up on time.

## Registration & Payment Guidelines

- Application and Release forms must be filled out completely for each child prior to the first day of camp.
- Children must be registered for each camp week. Advanced registration and deposit of \$25 per week secures your child's space in each week's camp.
- Parents with two or more children enrolled in the Explorers summer camp program will receive a 10% discount on the additional child, applies to full weeks only. Does not apply to Adventure Camps, Golf/Tennis Camps, & Golf Clinics.
- Have a special request or needs, please let us know in advance and we will try to accommodate.
- All registrations will be made at the Swim Club during normal scheduled office hours.
- Due to limited availability, camp registration will be accepted on a first come, first served basis.
- A minimum of 10 children is required to hold each camp.
- There will be no refunds for days not attended that were scheduled.
- If an outside instructor/guest visitor is brought in an additional fee may apply. Notification will be given in advance.
- Full payment is due each week.
- Payment by check is preferred.



Please label EVERYTHING with your child's name.



The Riverfront Swim Club Explorers Summer Camp's goal is to create the best possible camp environment for your child. We want you to feel confident that your child is being looked after in a safe, supervised, and welcoming environment. We believe camp is a place where children have the opportunity to make new friends, try new challenges and have fun experiencing our action packed camps that will take your children through many adventures.

Our themed weeks are full of customized activities that will keep your child busy throughout the summer. They'll swim, enjoy water fun, run around playing recreational games, try different sports, make crafts and create edible snacks.

The exploration begins on June 16th and will run through August 14th. Summer Camp is offered for children ages 3 through 12 years old. All camps will be held at The Riverfront Swim Club.

**The Riverfront Swim Club**

**5301 Sports Club Run**

**Suffolk, VA 23435**

**[www.riverfrontswimclub.com](http://www.riverfrontswimclub.com)**

**[swimclub@charter.net](mailto:swimclub@charter.net)**

# Explorers Summer Camp Theme Weeks 2014



## Explorers Summer Camp

Themed weeks packed full of exciting age appropriate activities, crafts and swim time.

Meets: Monday, Wednesday, and/or Thursday  
 From: 9:30am - 12:30pm Ages: 3 to 11  
 Cost: Daily \$25 All Three Days \$65

Campers are provided beverages & a snack each day. Please send bagged lunch with your child each day. Depending on campers age range, campers may be split into groups with age appropriate activities.

### Snack Attack Wednesdays

Campers make an edible themed treat.

### Terrific Tales Thursdays

We'll read or make up a short story based on the theme for the week and have the campers act them out.

## Dates & Themes

### WEEK OF JUNE 16TH

**"Cookie Explosion" June 16, 18, 19**

Mix 'em , crunch 'em, make cookie sandwiches, cookie pizzas, chocolate crackles and more..YUM!



### WEEK OF JUNE 23RD

**"Clowning Around" June 23, 25, 26**

Face painting, juggling, funny faces, music makers, and hilarious names.



### WEEK OF JUNE 30TH

**"Holiday Scramble" June 30 & July 2**

We'll go on an Easter egg hunt, build a snowman and celebrate the 4th of July .

### WEEK OF JULY 7TH

**"Supersoaked" July 7, 9, 10**

There's so many fun ways to get waterlogged and wet. Come get soaked with us.

### WEEK OF JULY 14TH

**"Dinosaurs and Thing that ROAR" July 14, 16, 17**

Roar with this animal antics themed week.

### WEEK OF JULY 21ST

**"Food Frenzy" July 21, 23, 24**

Delicious activities to create, play and eat!  
 Learn some basic cooking fundamentals too.



### WEEK OF JULY 28TH

**"On Your Mark, Get Set, Go" July 28, 30, 31**

Indoor games, outdoor games, games with cards, games with balls! We'll play them all.



### WEEK OF AUGUST 4TH

**"Color Crazy" August 4, 6, 7**

Paintbrushes, fingers, sticks, sponges and more..we'll create art in all shapes & sizes.

### WEEK OF AUGUST 11TH

**"Camp Throwdown"**

**August 11, 13, 14**

Get ready campers, our counselors will throw some fun challenges your way!



## Explorers Adventure Days

Specialty one to three day camps for ages 6 and older. All Adventure camps will have time for a dip in the pool.

**"Glam It Up" July 2nd 1:00 - 4:00pm**

Tie dye t-shirts, jeweled flip flops, jewelry making, lunch and swim, Lakeside pool. Ages 6 and up. Cost: \$30

**"Simply Sassy Spa" July 23rd 1:00 - 4:00pm**

Sweet smelling lotions & potions. Fizzy foot soak, musical manicures, facial station & swanky snack. Ages 6 and older. Cost: \$30

**"Art Café:Weavers & Beaders" July 15, 16, 17 1:00 - 4:00pm**

Take weaving from basic over, under to new stitches, techniques & add-ins to create a beautiful wall hanging. Ages 7 & older, co-ed. Cost: \$50

**Volleyball Girls Clinic July 15 & 16 9:00 - 11:00am**

Learn game fundamentals: set, pass, hit. Ages 7-11. Cost: \$30

### Lacrosse Boys Clinic\*

The focus will be on beginning players who are new to the sport but will also accommodate more experienced players when needed. Pass, catch, shoot & drills. Cost: \$40

**Ages 7-9 August 11 & 12 9:00 - noon**

**Ages 10-12 August 13 & 14 9:00 - noon**

**Soccer Co-Ed Clinic\* June 23, 24, 25 9:00 - noon**

The focus will be on developing basic skills & how to apply them. Ball control, dribbling, shooting & goalkeeping. Ages 9-12. Cost: \$50

Hampton Roads Academy coaches, players & staff will be teaching the Art Café, Soccer & Lacrosse Clinics. Detailed flyer available at the club outlining specifics.

## Golf/Tennis Camp

Enjoy golf & tennis lessons, jump in the pool to cool off and then enjoy lunch at the golf course. Hat & towel included. All skill levels encouraged to participate. Please provide your own tennis racquet.



Ages 7 and older.

Time: 9am - 1pm

Cost: \$125 per

Camp includes lunch & drinks

Camp Dates: Session 1: July 8, 9, 10

Session 2: August 5, 6, 7

## Junior Golf Clinics

Learn swing fundamentals & golf course etiquette. All skill levels encouraged to participate. Ages: 7 and older

Time: 9am - 11am

Cost: \$90 per clinic

Clinic Dates: Clinic 1: June 17, 18, 19

Clinic 2: July 29, 30, 31



## Kids Tennis Lessons

A fun way for children to enjoy tennis with drills, skills and games! Snack included. A minimum of 5 participants required to hold each camp. Cost, camp dates & times to be announced once enough interest is generated. Ages: 7 to 11

## Barracudas Swim Team

Team Barracudas is a summer swim team for children up to 18 years of age. The season runs from late May through July. All levels are welcome to join the team.

Team contact info:

[swimteambarracudas@gmail.com](mailto:swimteambarracudas@gmail.com)

[www.leaguelineup.com/teambarracudas](http://www.leaguelineup.com/teambarracudas)



## Kayaking & Sailing Lessons at Gatling Pointe

Head on over to Gatling Pointe Yacht Club. They have classes for both children & adults. For more information & to register call GPYC at 357-0693.

*In the case of inclement weather, events may be rescheduled. Dates, times & themes are subject to change. For your convenience, all our summer camp information is available on our website at [www.riverfrontswimclub.com](http://www.riverfrontswimclub.com)*