#### Your Camp Counselors

Your children will be supervised by an enthusiastic group of counselors who are dedicated to providing your child with an outstanding camp experience. On staff, we have trained personnel in American Red Cross First Aid and CPR. We are committed to provide a fun, active, educational and safe program for all participants.

# What To Bring & Wear To Camp

- Wear comfortable clothes & tennis shoes for active play.
- Apply sunscreen prior to arriving for camp.
- Li'l Explorers should have their swimsuits on under their clothing. The camp counselors will change the children back into their clothing prior to pick-up unless told otherwise.



- Skate/Wheelie shoes are not allowed.
- Bring a swimsuit, towel, sunscreen and a change of clothes.
- All clothing & personal items should be marked with child's name.
- Campers must bring a labeled bag lunch that does not require heating or refrigeration.
- Drinks and snacks will be provided.
- Please do not send excessive amounts of sweets with your child.
- Ipods, game boys and other electronics will only be allowed on special occasions.
- Please do not send valuables, money, electronics, cell phones or toys. The Swim Club cannot be responsible for losses or theft of belongings or valuables, but will be as cooperative as possible in recovering items.

#### Rules & Regulations

All campers are expected to follow instructions from their camp counselor at all times.



- Be respectful & polite to staff and other campers.
- Participate in activities with a positive attitude.
- Clean-up after themselves & put games away.
- No throwing toys, rocks, sand, mulch.
- Must be fully potty trained.
- Do not hit or kick others.
- No foul language.

#### If campers break the rules:

Counselor will remind child of rule broken. If behavior continues, counselor will call the child's parent to pick him/her up from camp.

The Riverfront reserves the right to dismiss any camper whose behavior endangers him/herself, others, or interferes with the camp program. Our staff will make every effort to keep parents informed of behavioral situations that occur.

#### Accidents and Injuries

Should a child require medical attention, our staff is trained in Basic First Aid and CPR and will administer treatment while contacting 911 if necessary.



# Rainy Weather

Camp will be held regardless of weather conditions. Programs and activities will be limited to the available indoor areas. Arts, crafts, games and other indoor activities will be planned for rainy days.

# Drop-Off & Pick-Up Procedures

Explorers camp drop-off is held at the Swim Club multi-purpose room. Please be prompt!! Please notify us at drop-off if your child will be picked up by someone other than you, or if there are any other arrangements varying from their normal routine that we should be made aware of. We will make note of this in the Registration Book. Pick-up at the end of the day will always be at the Clubhouse. Please be prompt in picking up your child as our staff members have other responsibilities after camp and cannot be detained for an unreasonable amount of time. There will be an additional fee added for those campers not picked up on time.

## Registration & Payment Guidelines

- Application and Release forms must be filled out completely for each child prior to the first day of camp.
- Children must be registered for each camp week. Advanced registration and deposit of \$25 per week for both Li'l Explorers and Junior Explorers, and full payment per field trip secures your child's space in the camp.
- Parents with two or more children enrolled in the summer camp program will receive a 10% discount on the additional children, applies to full weeks only.
- Have a special request or needs, please let us know in advance and we will try to accommodate.
- All registrations will be made at the Swim Club during normal scheduled office hours.
- Due to limited availability, camp registration will be accepted on a first come, first served basis.
- A minimum of 10 children is required to hold each camp.
- There will be no refunds for days not attended that were scheduled.
- Children attending camp full time have priority to go on field trips.
- There will be additional charges for field trips; admission and transportation fees. Field trip payments will not be refunded or transferred to another date if your child does not attend camp that day.
- If an outside instructor/guest visitors is brought in an additional fee may apply. Notification will be given in advance.
- Full payment is due each week.
- Payment by check is preferred.
   Please make checks payable to The Riverfront Swim Club.

Please label EVERYTHING with your child's name.

# The Riverfront Swim Club Explorers Summer Camp 2013

# It's a KIDventure!

The Riverfront Swim Club Summer Camp's goal is to create the best possible Camp environment for your Child. We want you



to feel confident that your child is being looked after in a safe, supervised, and welcoming environment. We believe camp is a place where children have the opportunity to make new friends, try new challenges and have fun experiencing our action packed camps that will take your children through many adventures. Our themed weeks are full of customized activities that will keep your child busy throughout the summer. They'll swim, enjoy water fun, play golf & tennis, jump with gymnastics, run around playing recreational games, try different sports, create-a-snack, and surprise visitors.

The exploration begins on June 17th and will run through August 16th. Summer camp is offered for Children ages 3 through 11 years old. All Camps will be held at The Riverfront Swim Club.



The Riverfront Swim Club 5301 Sports Club Run Suffolk, VA 23435 www.riverfrontswimclub.com swimclub@charter.net

# Explorers Summer Camp Theme Weeks 2013

# Li'l Explorers Adventure Days

Ages 3 to 5/6

Meets Monday, Wednesday, Thursday From 9:30am - 12:30pm Cost: Daily \$25 All Three Days \$65

# Jr. Explorers Camp

Ages 6 to 11 Days & Times Vary Cost: Daily \$25 All Three Days \$65

If you are interested in additional camps, extended hours or have special requests, please let us know and we will try to accommodate you. At times, an additional fee may apply if an outside guest visitor is brought in for a

# Dates & Themes

#### WEEK OF JUNE 17TH

Li'l Explorers "Icky, Sticky, Gross & Gooey"
June 17, 19, 20 9:30am - 12:30pm

Pull your sleeves up & get ready for a week of fun, as we squirm & slime our way through this week's activities. We'll make sticky recipes, learn about gross science and play ooey gooey games!

# Jr. Explorers "Fun with Food"

June 17, 18, 19 12:30 - 3:30pm

Get your spoon & paintbrush ready - we're going to create all kinds of fun using food. From cupcake design, food mosaics, spaghetti art. We'll even play foodie games and make our own incredible edibles!

#### **WEEK OF JUNE 24TH**

Li'l Explorers "Paint & Play"

June 24, 26, 27 9:30am - 12:30pm

We'll start off with stories first then create art projects and games based on the books!

#### Jr. Explorers "ARTrageous"

June 25, 26, 27 11:00am - 2:00pm

Bring your imagination and creativity as we draw, paint, collage and more!

#### Junior Golf Clinic

June 25, 26, 27 9:00am - 11:00am Learn fundamentals of golf. Ages 7 and older.

#### **WEEK OF JULY 1ST**



Li'l Explorers "Party In The USA"

July 1, 3 only 9:30am - 12:30pm

Come party with us at camp as we celebrate the USA with all things, red, white & blue!

Jr. Explorers No Camp This Week

#### **WEEK OF JULY 8TH**

# Li'l Explorers "Splashdown"

July 8, 10, 11 9:30am - 12:30pm Campers will have fun getting wet with musical sprinkles, splash tag, balloon burst and more!

#### Sports Camp I

**July 9, 10, 11 9:00am - 1:00pm** Golf, tennis, swimming & lunch.

Ages 7 and older.



#### **WEEK OF JULY 15TH**

Li'l Explorers "Candy Land"

July 15, 17, 18 9:30am - 12:30pm Something wonderful and something sweet!

#### WEEK OF JULY 22ND

Li'l Explorers "Wiggles & Giggles"

July 22, 24, 25 9:30am - 12:30pm

Singing, laughing, jumping & dancing is what this week is all about!

"Simply Sassy Kids Spa"

July 23rd 1:00pm - 4:00pm

Fancy fingers, twinkle toes, berrylicious facials, frilly flip flop craft & lunch at our Lakeside pool. Ages 6 and older.

## Junior Golf Clinic

July 23, 24, 25 9:00am - 11:00am Learn fundamentals of golf. Ages 7 and older.

## WEEK OF JULY 29TH

Li'l Explorers "Zoo Crew"

July 29, 31, August 1 9:30am - 12:30pm

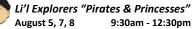
Lions, tigers & bears, Oh My!

Jr. Explorers "Amazing Race"

July 29, 30, 31 9:30am - 12:30pm

Get ready for adventure, fun and all sorts of craziness!

### WEEK OF AUGUST 5TH



Pirate training, bedazzling jewelry crafts & more!

Sports Camp II

August 6, 7, 8 9:00am - 1:00pm

Golf, tennis, swimming & lunch. Ages 7 and older.

#### Week of August 12th

Li'l & Jr. Explorers "Campers Rule"

August 12, 14, 15 9:30am - 12:30pm

All your favorites will be bundled into this weeks camp!

Junior Golf Clinic

August 13, 14, 15 9:00am - 11:00am

Learn fundamentals of golf. Ages 7 and older.

### Sports Camp

Enjoy golf & tennis lessons, jump in the pool to cool off and then enjoy lunch at the golf course. Hat & towel included. All skill levels encouraged to participate. Please provide your own tennis racquet. Extend sports camp by participating in our Explorers Camps.

Ages 7 and older Time: 9am - 1pm
Camp Dates: Camp I: July 9, 10, 11

Camp II: August 6, 7, 8

Cost: \$110 per camp includes hat, towel, lunch & drinks.

## Junior Golf Clinics



Learn swing fundamentals & golf course etiquette. All skill levels encouraged to participate. Extend golf clinics by participating in our Explorers Camps.

Ages: 7 and older
Clinic Dates:
Clinic 1: June 25, 26, 27
Clinic 2: July 23, 24, 25

Clinic 3: August 13, 14, 15

Cost: \$50 per clinic.

# Kids Tennis Lessons

A fun way for children to enjoy tennis with drills, skills and games! Snack included. A minimum of 5 participants required to hold each camp.

Ages: 7 to 11

Cost, Camp Dates & Times To Be Announced

# Barracudas Swim Team

Team Barracudas is summer swim league swim team for children up to 18 years of age. The season runs from late May through July. All levels are welcome to join the team. Team contact info: Chris at 338-8889 or info@teambarracudas.com.



# Kayaking & Sailing Lessons at Gatling Pointe

Head on over to Gatling Pointe Yacht Club. They have classes for both children & adults. For more information & to register call GPYC at 357-0693.



For your convenience, all our summer camp information is on our website at www.riverfrontswimclub.com.

Dates, times & themes subject to change. In the case of inclement weather, events may need to be rescheduled.