

# POOL HOURS



## RIVERFRONT POOL

### Spring (May 6 - May 26)

Monday - Friday CLOSED  
Saturday & Sunday noon - 6pm

### Summer (May 27 - August 22)

Monday - Saturday 10am - 8pm  
Sunday 11am - 7pm

### Late Summer (August 23 - September 4)

Monday & Wednesday 4pm - 8pm  
Tuesday, Thursday, Friday, Saturday 10am - 8pm  
Sunday 11am - 7pm

### Fall (September 5 - September 24)

Monday - Friday CLOSED  
Saturday & Sunday noon - 6pm

## LAKESIDE POOL

### Summer (May 27 - August 22)

Sun, Mon, Wed 11am - 7pm  
Tue & Thur noon - 8pm  
Fri & Sat 10am - 8pm

### Late Summer (Aug. 23 - Sept. 4)

Mon & Wed 10am - 7pm  
Tuesday, Thursday, Friday 4pm - 8pm  
Saturday 10am - 8pm  
Sunday 11am - 7pm

### Adult Only Pool Hours at Lakeside

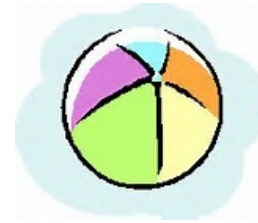
Monday 11am - 1pm  
Tuesday, Thursday, Friday 6pm - close  
Tuesday, Thursday noon - 3pm  
Sunday 2pm - close

- Current membership card required for pool access.
- Pool hours are subject to change based on usage, weather, events and maintenance.
- The Riverfront pool will close when there is a home swim meet.
- Pools may occasionally close early for private rentals.
- Due to the small size of the Lakeside pool, most toys are not allowed. Please check with the lifeguard to see if your toy will be allowed in the pool. Due to our infinity edge design, children are not allowed to use floats or noodles. Limited float/noodle use for adults, away from the infinity edge.
- Children under the age of 9 or those that cannot swim the length of the pool must be accompanied by a guardian at least 18 years of age.
- No smoking, glass or alcoholic beverages.
- Children not toilet trained must wear an approved swim diaper with swim suit.
- A complete list of rules & regulations is available at the club.



## Summer Celebrations

MEMORIAL DAY  
CELEBRATION  
COOKOUT & GAMES  
Sunday, May 28th  
from 11 - 2pm



4TH OF JULY  
BIKE PARADE, DJ,  
PICNIC & GAMES  
Tuesday, July 4th  
from 10:30 - 2:30pm

LABOR DAY CELEBRATION  
ALL AMERICAN POOL  
FUN, FOOD & BOUNCE HOUSE  
Monday, September 4th  
from noon - 2:30pm



### TUESDAY NIGHT RAFT RIOTS

Go ahead & break the rules!  
Rafts allowed Tuesdays after 4pm.

### SUPER SOAKER SUNDAY

Super soakers are allowed at the Riverfront pool  
after 5pm on Sundays.

KiDZ ZoNeS, Dive In Movie Nights, Cheers, Poolside  
Bingo, Sweet Scoops, Eats & Treats, Late Night  
Lakeside, Teen Time and much more for you to  
enjoy this summer!

*Please note that program dates & times are  
subject to change, may be rescheduled due to  
weather. Most programs have a minimum  
number of participants required in order to  
run the event.*

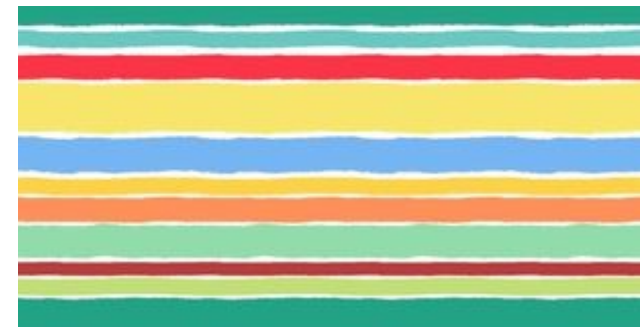


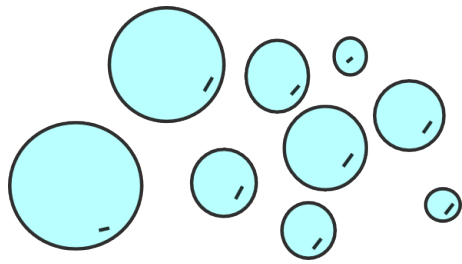
HAPPY  
SUMMER

2017  
summer fun  
& lots of sun

5301 Sports Club Run  
757-483-3906

[www.riverfrontswimclub.com](http://www.riverfrontswimclub.com)  
[swimclub@charter.net](mailto:swimclub@charter.net)





## LEARN TO SWIM PROGRAMS WITH DIG SWIMMING SCHOOL

Does your child need to learn how to swim or improve stroke skills?!

DIG Swimming offers our members group and private lessons for all ages and levels. Instruction is aimed at each individual's particular needs, whether that is improvement of strokes already known or to learn basic swim skills. Have a fun learning experience that helps build character, grow confidence and improve technique.

Instructors are trained and certified in conjunction with the Swim America curriculum. Adult private lessons are also available. Instructors are also able to teach children & adults with special needs adapting to particular needs.

### GROUP SESSIONS

June Session June 19 - July 5  
July Session July 10 - July 28  
Lessons meet M, W, Th from 8:00 - 8:30am  
Cost: \$120 per session

### PRIVATE SESSIONS

One on one lessons will be scheduled on an individual basis and will be held during normal pool operating hours. Lessons begin June 5th.  
Cost: \$25 per half hour lesson.

**REGISTER FOR SWIM LESSONS**  
**WWW.DIGSWIMMING.COM**  
**DIGSWIMCOACH@GMAIL.COM**  
**757-375-4394**



# It's a Kidventure!

There's summertime fun for kids at the club beginning June 12th. We offer a safe, supervised & welcoming environment where children have the opportunity to make new friends, try new challenges and have fun. We've planned some terrific themes for your children this summer. See our Summer Camp Brochure for additional details.

### EXPLORERS SUMMER CAMP

Ages: 3 to 11 Time: 9:30am - 12:30pm  
Meets: Monday, Wednesday & Thursday  
Daily: \$25 All Three Days: \$65



June 12, 14, 15	Star Wars: Return Of The Camper
June 19, 21, 22	Seuss Week: Oh The Places We Will Go
June 26, 28, 29	Crazy Concoctions
July 5 & 6	Hooray For The USA
July 10, 12, 13	Backyard Bash
July 17, 19, 20	Super Heroes: Grab Your Cape
July 24, 26, 27	Let's Celebrate: Wacky Holidays
July 31, Aug. 2, 3	Tropical Beach Blast
August 7, 9, 10	Summer Camp Mash Up

### ADVENTURE DAYS

Sign your child up for one of our specialty camps. Adventure Days will have time for a dip in the pool. Add these camps on to our Golf/Tennis Camps and Golf Clinics to make a full day of fun. Full details in our Explorers Summer Camp Brochure.  
Ages: 6 and older.



June 20-22	Survive It!	Time: 11:30 - 4:30pm
	Daily \$25 All 3 Days \$65	
July 11-13	Color Wars	Time: 1 - 4pm
	Daily \$35 All 3 Days \$95	
July 25-27	The Chopping Block	Time: 11:30 - 4:30pm
	Daily \$35 All 3 Days \$95	
August 8 -10	Game Show Mania	Time: 1 - 4pm
	Daily \$25 All 3 Days \$65	



### JUNIOR GOLF CLINICS

Learn swing fundamentals & golf course etiquette. All skill levels encouraged to participate. Drinks & prizes included. *Extend the day with one of our Adventure Days.*  
Ages: 6-14 Time: 9:30am - 11:30am Cost: \$75 per clinic



Clinic Dates: Clinic 1: June 20 - 22 Clinic 2: July 25 - 27

### GOLF/TENNIS CAMP

Enjoy golf and/or tennis lessons, jump in the pool to cool off and then enjoy lunch daily at the golf course. Prizes too. All skill levels encouraged to participate. Please provide your own tennis racquet. *Extend camp with one of our Adventure Days.*



Ages: 6-14 Time: 9am - 1pm Cost: \$125 per child  
Camp Dates: Camp 1: July 11 - 13 Camp 2: August 8 - 10



### TEAM BARRACUDAS SWIM TEAM

Team Barracudas is a summer swim team running from late May through mid July. Swimmers must be able to swim 25M unassisted and up to 18 years of age. Practices begin May 30th. Fee: \$95. The Riverfront pool remains open during practices, held on Monday & Wednesday evenings, but with limited lane use. The Riverfront pool will be closed during home swim meets. All levels are welcome to join the team. Team contact info: (757)376-2247. [swimteambarracudas@gmail.com](mailto:swimteambarracudas@gmail.com)  
[www.leaguelineup.com/teambarracudas](http://www.leaguelineup.com/teambarracudas)

### SAILING LESSONS - GATLING POINTE

Head on over to Gatling Pointe Yacht Club. They have classes for both children & adults. For more information & to register call GPYC at 357-0693.

### GOLF FOR ADULTS

#### Ladies Golf League

Play Wednesday mornings at 11:00am. Call the golf club, 757-484-2200, or Trenda, 757-810-7220, for more details.

#### Tuesday Mixer Night

Play 9-holes starting at 5pm. Format changes each week. Contact the golf club at 757-484-2200.

### YOGA WITH SUZANNE

All levels of experience are welcome to attend. Class meets Monday evenings from 6:30 - 7:45pm. Cost: Six Class Pass \$72 or Drop-In Class \$15. Contact Suzanne at [gillespiethompson@yahoo.com](mailto:gillespiethompson@yahoo.com).

### FITNESS BOOT CAMP WITH SANDY

Interval based training for all levels. Walk as a group, work up a sweat & start the day off on the right foot! Attend when your schedule allows. Meets: Monday, Wednesday, and Friday at Bill Jessee Park beginning at 7:45am. Contact Sandy at [sandyspiro@verizon.net](mailto:sandyspiro@verizon.net) for pricing & more information.

### THE RIVERFRONT SOCIAL CLUBS

We have clubs for all our members! Bunco, Little Tots Play Group, Books & Beyond, Dinner and A Movie, Prime Timers, and more. Contact the swim club for more information.



**WE WILL OFFER EARLY MORNING LAP SWIM FOR ADULTS.**  
**CHECK OUR WEEKLY CLUB EMAILS FOR TIMES AND DAYS.**